3-Day Residential Training on

Community Psychology & Counseling Skills

27th -29th January 2025



Course Concept:

The role of a community psychologist is to create and evaluate an array of programs and policies that help people control the stressful aspects of community and organizational environments. They also must assess the needs of a community and teach its members how to recognize an incipient problem and deal with it before it becomes intractable. They also are expected to study and implement more humane and effective ways for formerly institutionalized populations to live productively in society's mainstream.

We will focus on the application of psychology to community programs for the prevention of mental disorders and the promotion of mental health. Participants will learn systematic counselling techniques, practical modules with experiential processes, and role competencies required for the social workers and counsellors.

Programme Content

- Advanced level of counselling techniques.
- Basics of Community Psychology.
- Learning to evaluate community Needs.
- Skills required for a Community Counsellor.
- Understand and Assess Community needs.
- Participants will learn to deal with mental health issues like depression, anxiety, anger outbursts, difficult circumstances, marital issues, addictions, family dynamics, conflicts at the workplace, online bullying, substance abuse, gambling, psychological distress, burnout, etc.



Methodology:

Brief lecture inputs, exercises, games, and other interactive learning methods. Emphasis will be on applying the techniques, frameworks, and processes in daily life.

Who can participate:

Community Health Workers, Community Animators and persons working with community based organisations and programme. Practicing Counselors, School Teachers, Medico-Social Workers & family counselors, Nurses & Counselors working in Homes for the aged & challenged, as well as NGO staff working in the areas of Reproductive Health, HIV/AIDS, MCH and other health related projects and programmes.

Facilitator: The course will be led by KKF Co-Creator, Mr. Raguraman.K a Certified Psychodrama Director, Master Coach and Trainer, Coimbatore, India. He has trained entrepreneurs, faculties, executives, supervisors, factory employees, teachers, parents, trainers & social workers. Thousands of Students have had benefited through his Training, Counseling and Coaching sessions. He has been facilitating an ongoing psychodrama training-group, both online and personalized.

Register here online to reserve your seat: https://forms.gle/SLCDAydUfBofujdw5

Programme cost:

Rs.5000+18% (Inclusive of Food and Accommodation) per participant.

Registration Deadline: 17th January 2025.

For more details kindly visit <u>www.kkfindia.com</u> or write to <u>trainings.desk1@kkid.org</u> or call 9047698422.

Data Protection Policy:

Herewith I do agree that Karl Kübel Foundation for child & family (KKF), uses my contact details for event organization. My personal contact details such as name, address and email will only be used in the context of the given purpose as well as for information about the work of KKF. KKF will not transfer my data to third parties. In the framework of preparation of the event my contact details can only be handed over to co-initiators, if necessary. The consent is voluntary and can be withdrawn in future at any time. In such case, please, send us an email to the following address: info@kkid.org. By practicing your right of withdrawal we will delete your contact details immediately.